



Leadership Training Program (LTP) Packing List

IMPORTANT MEDICATION INFORMATION

Children might be more active at Camp than they are at home. Please ensure that any activity related medications are updated and packed.

Medication must be in the ORIGINAL PRESCRIPTION BOTTLE/PACKAGING. Bubble Packs are encouraged and are FREE OF CHARGE, ask your pharmacist.

Please pack enough clothes for the camper's entire stay at Camp. Laundry facilities are not available.

PLEASE DO NOT BRING:

- Cigarettes/Vapes/Lighters
- Alcohol – Including Hand Sanitizer, Cannabis, or Non-Prescription Drugs
- Electronics, like: Cell Phones, MP3 players, iPods, Electronic Games, etc.
- Weapons, whether toys or real, like: pocketknives or other bladed weapons, guns, nun chucks, etc...
- Chewing Gum
- Waterfront Equipment
- Unwholesome or Offensive Literature

NOTE: Any “do not bring” items brought to Camp will be confiscated upon arrival and returned upon departure.

Camp Arnes Summer Dress Code

- All shirts must cover the midriff when arms are raised to the shoulder.
- Shorts must be to the fingertips when standing.
- Modest one piece or two-piece bathing suits may be worn in swim areas only (i.e., waterfront & pool). Speedos and bikinis are not permitted. Shorts and shirts must be worn while walking across the grounds.
- No clothing that is too tight or that has inappropriate or offensive words or pictures will be permitted.

Campers Name: _____

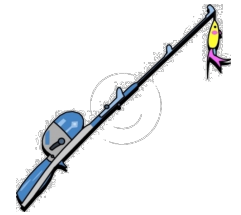
Week Attending: _____

ARTICLES SHOULD BE CLEARLY LABELLED	Packed at	
	Home	Camp
Please pack clothing that is easily washed and inexpensive.		
Bible (modern translation)		
Pen & Notebook/Journal		
Any required medication (see note to left)		
Sleeping bag/Twin sheets & blanket		
Pillow (Just for at Camp Arnes)		
Jacket/Rain Gear		
Hat/Sunglasses		
Sunscreen		
Insect repellent		
Pants		
Shorts		
Sweatshirts		
Long sleeved shirts		
T-shirts		
Underclothing		
Socks (several pairs)		
Pajamas		
Swimsuit		
Water shoes are highly recommended		
Beach towel		
Bath towel & face cloth		
Toothbrush & toothpaste		
Soap & shampoo		
Hair brush / comb		
Runners / Closed toe shoes		
Sandals		
Rubber boots		
Water bottle		
Headlamp (preferred) or flashlight		
Plastic bags for dirty laundry / wet clothes		
Optional: Disposable Camera		
LTP Only: Musical Instruments, Books or Crafts (to enhance your ministry)		

All LOST AND FOUND articles not claimed within two weeks of camper's return home will become the property of Camp Arnes.



LTP Canoe Trip Packing List



About the four day Canoe Trip:

- On the first day, we leave Camp around 7:00 am. We're on the water around 1:30 pm.
- Each day is spent paddling to a different island to set up camp at.
- The Canoe Trip has physical, mental and emotional challenges to expand your leadership styles. Above all, it is a fun time to grow closer to the group you'll spend the following three weeks with.
- Day four we head back to landing. We debrief and have supper on the way back to Camp.
- There is no prior canoeing ability required, but it will be helpful. Those that already have canoeing ability should help those that don't.
- It's a time for each of us to stand up in leadership and begin to build a strong team!

Packing Compact:

Because we need to fit all of our personal belongings, food, equipment and shelter into canoes, it is essential that our personal packs be compact and reasonably lightweight. This is particularly important if the trip involves portaging (most do). It is preferable that you fit all your personal gear into a single bag or pack. One larger pack is much easier to carry and keep track of than 3 or 4 smaller ones. The goal is to use the smallest single bag necessary to carry all of your necessary belongings. (But don't leave behind essential items in your eagerness to pack small. You're going to need that **sleeping bag!**) Use zip lock bags to hold your Bible and journal, camera, toiletries and other essentials. Don't worry; we'll help you pack it up properly before we leave!

Camper Code of Conduct

Hey Campers, we're so excited to have you come join us at Camp! We do have some rules that you have to follow, like:

- No teaching things that the Bible doesn't agree with. We are a Christian Camp and realize that people might hold other beliefs, but we ask that you respect ours and don't try to teach or encourage other things that go against our beliefs.
- No engaging in or promoting any kind of sexual activities. We believe in keeping ourselves as pure as possible. God designed sex for marriages, and we want to keep it that way. Actions like viewing pornography, exposing yourself, smooching on the bleachers, or touching somebody else's private parts are going to get you into trouble.
- No drugs or alcohol. **NONE!**
- No fighting, either verbally or physically. This includes choking, throwing, punching, biting, kicking, scratching, slapping, smacking, spitting, or anything else that's going to harm somebody or cause them to feel unsafe.
- No swearing or blasphemy. We want to keep our language to a "PG" level.
- No bullying or harassment. Don't tease anybody based on the color of their skin, their gender, their looks, how they talk or walk, what they wear, or for any other reason. We want to encourage others and help them to grow.
- Life is precious; it's the greatest gift that we can experience. Let's respect it in the way we talk and act and avoid supporting viewpoints and activities that go against this.
- No illegal activities. If it's against the law, it's definitely not allowed at Camp

The Camp Director reserves the right to dismiss a camper who, in their opinion, is a hazard to the safety and rights of others, or who appears to have rejected the reasonable controls of the Camp. If this occurs, the fee is non-refundable, and parents/guardians are responsible to ensure that any child dismissed from the Camp is picked up in a timely manner.

Campers Name: _____

Week Attending: _____

ARTICLES SHOULD BE CLEARLY LABELLED Please pack clothing that is quick drying, maintains warmth and is lightweight & compressible.	<i>Packed at</i>	
	<i>Home</i>	<i>Camp</i>
Bible (modern translation)		
Pen & paper		
Any Required medication (See note above)		
Sleeping bag		
Pillow		
Jacket / Rain Gear		
Windproof outerwear / shell jacket		
Wool / fleece hat		
Hat / sunglasses		
Sunscreen (bring lip balm with sunscreen too)		
Insect repellent		
Pants (nylon or light cotton are best – no jeans)		
Shorts		
Wool / fleece sweatshirt		
Long sleeved shirt		
T-shirts		
Underclothing		
Socks (several pairs)		
Silk / wool / polyester long underwear		
Pajamas		
Swimsuit & towel		
Toothbrush & toothpaste		
Soap & shampoo		
Lightweight runners / closed toe shoes		
Sandals/Water shoes (shoes that can be wet)		
Dry bag (small waterproof day pack)		
Ziplock bags (small and large)		
Water bottle		
Headlamp (preferred) or flashlight		
Optional: Disposable Camera		
Optional: Binoculars		
Optional: Fishing gear / pocket knife		
Optional: Sleeping pad (no bulky air mattress)		
<i>All LOST AND FOUND articles not claimed within two weeks of camper's return home will become the property of Camp Arnes.</i>		